

TERM V



11 - 17 DECEMBER 2019



**ARMIDALE
SECONDARY
COLLEGE**

Activities Week 11 – 17 December 2019

A NOTE TO PARENTS:

Term Five is an enjoyable way to end the school year. It is an opportunity for students to broaden their educational experiences, and to develop healthy, positive attitudes to leisure time. Students are able to work with staff from across all faculties to form mutual interest-based groups. Students' diverse interests have been catered for with five days of activities.

Term Five is part of our annual curriculum. Students are required to participate in all sessions, and any unexplained absences are treated in the usual way. If any family has difficulty paying for an activity, they should contact the office.

We hope that you and your children carefully consider the available options and decide on those activities which are of most benefit and interest.

Buses are available for students to travel to venues away from the school. Students must return to school for the lunch break. Students cannot be released to wander the town during the lunch break. Buses will depart from the Duval Campus bus bay and will return to school at the end of activities.

Schedule

CREW

8.50 – 9.00am

**AM Activity - Depart Bus Bay
Return to School**

**9.00 a.m.
11.45 a.m.**

LUNCH - 11.45 - 12.45

**PM Activity - Depart Bus Bay
Return to School**

**12.45 p.m.
3.15 p.m.**

MORNING ACTIVITIES

ANIME, MANGA & ORIGAMI

Let's watch some of our favourite Anime series with our friends (*o*)/ We can also draw and read MANGA or create and learn new origami designs! Come to the Japanese Room and discover more and more about Japanese culture through Anime, manga and origami :O We will also make some simple Japanese food if you would like to!

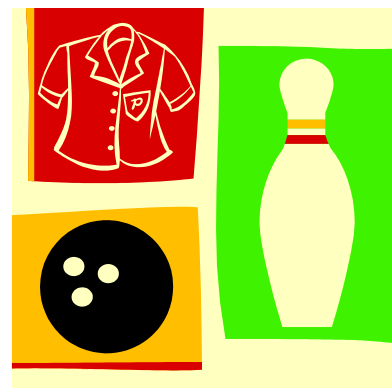
Cost: \$15.00
Venue: ASC
Limit: 20
Coordinator: D Moore



ARMIDALE SPORT N REC

The decision is yours!!!
Play ten pin bowling and/or skating.
Safety equipment provided.

Cost: \$50.00 (+\$3.00/day bus fare)
Venue: Armidale Sport and Rec Centre
Limit: 60
Coordinator: G Knuckey



MORNING ACTIVITIES

ARTS & CRAFTS - Gift Making

Do you enjoy decorating and creating?

Do you enjoy making gifts for your friends and family?

Our activity involves making and creating thoughtful gifts and decorations at school.

This activity includes making beeswax wraps, lip scrub, Christmas ornaments, Rudolph jars filled with rocky road and more.

No skills or experience needed.

Cost: \$5.00

Venue: ASC

Limit: 20

Coordinator: A Callister



BOARD GAMES

Come and play some traditional board games such as chess, Scattergories, cards and jigsaw puzzles. Or if you're feeling more adventurous, branch out into something new, like Risk, Cluedo, Settlers of Catan, Last Night on Earth, Monopoly Deal, Superfight, A Touch of Evil, and a host of other board games you've never heard of. Embrace your inner competitive spirit. Mrs Forgeard might even teach you how to do a Rubric's cube if you ask her... And there'll be a prize for solving the mind-bending puzzle each day.

Cost: Nil

Venue: ASC

Limit: 20

Coordinator: G Foregeard



MORNING ACTIVITIES

CAFE CULTURE

With two of the New England's most experienced connoisseurs of hot beverages and baked goods as guides, delve into our region's world-renowned cafe culture and experience everything Armidale has to offer.

Visit award-winning cafes and indulge in decadent hot chocolates, frothy cappuccinos, and fragrant foreign teas.

Snack on fresh buttery croissants, melt-in-your-mouth macarons, or fudgy chocolate brownies as we hear from the people who make such delicacies on a daily basis. Upon request, we will regale you with tales of our own cafe consumerism from around the world - or alternatively, you can chat with your mates...



Then, a fast-paced walk back up North Hill, and we'll be ready to go again the next day!

Cost: \$10.00 (per day depending on what you order)

Venue: Walking from and back to school each day

Limit: 20

Coordinator: K Mitchell

DnD, Warhammer 40k & Magic: The Gathering

Come and play a selection of the world's most popular games! Sessions of Dungeons and Dragons and Warhammer 40K will be run by teachers throughout the week and you can win prizes in a Magic: The Gathering competition. Open to new and experienced players so there is no excuse to not join!

Cost: Nil

Venue: ASC

Limit: 20

Coordinator: T White



MORNING ACTIVITIES

FITNESS 4 SUMMER

Quick start your summer fitness program and join us for a morning of invigorating exercise. Join in a class of TABATA, circuit or pump or you can work out on the equipment to tone your muscles. Each 1-hour class will be followed by a gentle walk to the post office to catch the bus after a coffee or cool drink in the Armidale CBD.

Students must bring own towel and water bottle.

Cost: \$30.00 (+\$3.00/day bus fare)

Venue: Feel Good Fitness

Limit: 20

Coordinator: A Webb



FUN AT THE POOL

An intensive program is organised for students who enjoy swimming for fun and fitness. The program consists of modified water polo matches, lap swimming and stroke correction activities and water games. It is fun socially, and rewarding personally, as improvement in skills and fitness can be made in an enjoyable, relaxed atmosphere. Comfortable swim wear and sunscreen are required, goggles are highly recommended.

Cost: \$3.50 (pool entry) +\$3.00 (bus fare) per day

Venue: Monckton Aquatic Centre

Limit: 40

Coordinator: D Turner



MORNING ACTIVITIES

GOLF

Students have the opportunity to improve their knowledge of, and skills in, golf. Many aspects of golf are covered such as grip, swing, putting, strategies and etiquette. Students can hire golf clubs for \$5 per day with one set between 2 players. Students' dress should be neat and tidy - long socks with shorts; shirts with collars; soft-soled shoes; hat and 30+ sunscreen.

Cost: \$25.00

Students must have their own transport to and from the golf course.

Venue: Armidale Golf Course

Limit: 20

Coordinator: M Gaukroger



HORSE RIDING

The morning will include a 45-minute lesson with a Senior Instructor.

Cost: \$275.00

Venue: NEGS

Limit: Participants will supply their own horse.

Coordinator: L Drielsma



MORNING ACTIVITIES

JANE AUSTEN APPRECIATION CLUB

Come and spend Term V enjoying and appreciating the work of one of the English language's greatest writers: Jane Austen.

You will have the opportunity to enjoy superb film adaptations of Austen's six novels, including *Pride and Prejudice*, *Sense and Sensibility*, and *Emma*.

You will be taken back in time, where ladies drank tea, gentlemen rode horses and heroes and heroines danced the night away at balls. Not only will you be enjoying the film adaptations of Austen's work, but there will be the opportunity to indulge in high tea, the art of silhouette capturing, scented sachet making, card games and taking a turn in the grounds.



Cost: \$6.00 (for tea)

Venue: ASC

Limit: 15

Coordinator: M Mulligan

KEEP
CALM
AND
READ
JANE AUSTEN

MUSIC AND DANCE VIDEOS

This is for anyone who would like to make a video of themselves/group, singing/playing/dancing.

The videos would make a great Christmas present or an opportunity to get in early for the audition videos for Schools Spectacular and YouthRock in 2020.

Cost: Nil

Venue: ASC

Limit: 20

Coordinator: H Pearson



MORNING ACTIVITIES

MOUNTAIN BIKE RIDING

Mountain biking this year will involve us taking the less travelled road to all the hotspots in mountain biking in and around Armidale.

We'll take in:

- * Kookaburra Crest - home of the National and State 4X rounds
- * Piney - home of the 12 Hours in the Piney
- * University of New England - home of the National MTB titles last year and next year's World 24hr championships



We'll start easy and increase the skill and pace as your skills and confidence improve. There will be a daily challenge such as a skill or game aimed at making you a better rider, then head out on a trail based on your level of ability.

You will need a functional mountain bike (unfortunately a BMX or road bike won't be suitable) and an Australian standards approved helmet, glasses, gloves, appropriate spare parts and water each day. At this stage we will drive to and from our destination each day.

"A bad day on the mountain bike always beats a good day in the office." - Mike Brcic
"It doesn't matter if you're slow - what matters is you don't stop." - Mr Harris

Cost: \$30.00

Venue: Out and about in Armidale

Limit: 30

Coordinator: P Harris

MORNING ACTIVITIES

ORIENTEERING

Limited places available for this exciting opportunity. Instruction and guidance by expert orienteers and navigators for all levels from beginners to experienced participants alike. Transport will be provided each day to visit 5 different locations within 15 km from town.



Cost: \$40.00

Venue: Out and about

Limit: 20

Coordinator: E Smith

RECREATIONAL READING

Spend the morning with a good book of your choice, reading & relaxing. Be taken to other worlds; delve into the lives of people that lived hundreds of years ago or time travel to the future.

Cost: Nil

Venue: ASC

Limit: 20

Coordinator: R Partridge



MORNING ACTIVITIES

STAR WARS SAGA - Film Study

A long time ago in a galaxy far, far away...

Experience the Star Wars story across five exciting movies.

Discuss fan theories and trivia, which will change the way you see certain characters and events in the Star Wars universe.

Haven't seen Star Wars? Watch it now!

Cost: \$5.00

Venue: ASC

Limit: 30

Coordinator: C Merrick



SUMMER SEWING

Students can work on their own projects, make soft toys or learn fabric decoration techniques to make a cushion or fidget quilt.

Cost: \$10.00

Venue: ASC

Limit: 16

Coordinator: R Dyll

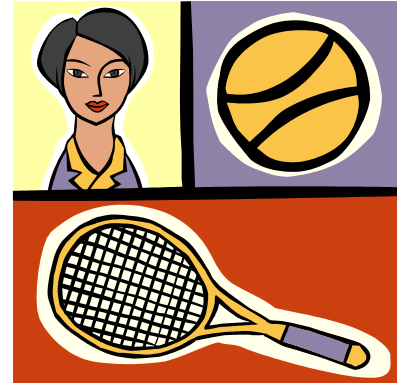


MORNING ACTIVITIES

TENNIS

This activity provides the opportunity to learn the basic skills of tennis. Learn how to score and run a competition and compete in singles and double play. Students should wear non-marking shoes, provide water to drink and sunscreen for protection against the sun.

- Cost:** \$50.00 (includes bus fare, court hire and balls)
Students must use their own racquets.
- Venue:** Tennis courts at UNE
- Limit:** 20
- Coordinator:** T Gammage



THEATRE SPORTS

Four in a team
Teams compete using dramatic skills to out-class the opposition
Learn the basics
Learn advanced and hilarious challenges
Come and laugh at the serious and ridiculous

- Cost:** \$5.00 (to cover the cost of prizes)
- Venue:** ASC
- Limit:** 30
- Coordinator:** J Eather



AFTERNOON ACTIVITIES

AMERICANA

"Oh say can you see" the best Term V activity of 2019? Here it is! Americana is a fun journey of film, food, music and games straight from Uncle Sam. You will not only watch some of the best films Hollywood has ever produced but enjoy some super-sized snacks, stars and stripes-style. "We want you!"

Cost: \$20.00

Venue: ASC

Limit: 20

Coordinator: G Robertson



ARMIDALE SPORTN REC

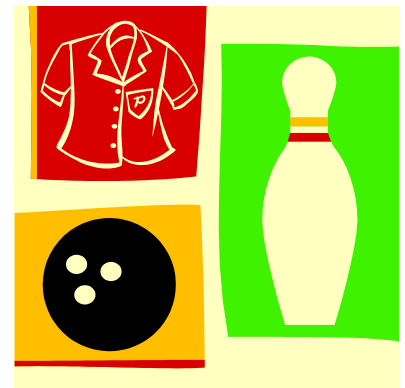
The decision is yours!!!
Play ten pin bowling and/or skating.
Safety equipment provided.

Cost: \$50.00 (+ \$3.00/day bus fare)

Venue: Armidale Sport and Rec Centre

Limit: 60

Coordinator: R Ryan



AFTERNOON ACTIVITIES

ARCHERY

Get your afternoon on target and come learn the basics of archery at the wonderful Armidale Archers range. All equipment supplied (enclosed shoes and appropriate clothing required).

Cost: \$40.00 (+ \$3.00/day bus fare)

Venue: Armidale Archers 95 Rockvale Road

Limit: 20

Coordinator: J Moulynox



BOARD GAMES

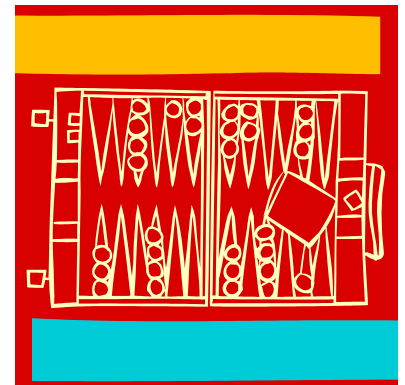
Your choice of games such as chess, Scattergories, cards, as well as jigsaw puzzles.

Cost: Nil

Venue: ASC

Limit: 20

Coordinator: J Weber



AFTERNOON ACTIVITIES

CLASSIC FILMS

Relax in a beanbag for an afternoon of cinematic nostalgia.

Films may include *The Princess Bride*, *To Kill a Mockingbird*, *Mary Poppins*, *Matilda*, *Willy Wonka and the Chocolate Factory*, *The Wizard of Oz* and *James and the Giant Peach*.

Movie snacks are included in admission price and may include popcorn, Jaffas, Twisties and Fantails.

Cost: \$5.00

Venue: ASC

Limit: 20

Coordinator: A Armstrong



DnD

Come and play Dungeons and Dragons.

Open to new and experienced players so there is no excuse to not join!

Cost: Nil

Venue: ASC

Limit: 20

Coordinator: M Mirams



AFTERNOON ACTIVITIES

MINECRAFT MAYHEM

Minecraft is on at ASC. The game which has been described as like an 'online Lego' involves building blocks and creating structures across different environments and terrains. Complete the daily challenge and win a prize!

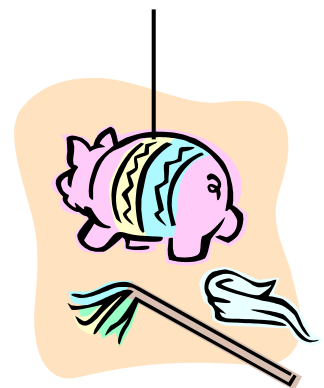
Cost: \$5.00
Venue: ASC
Limit: 20
Coordinator: J Walker



PINATA MAKING

Create and decorate a bright, colourful piñata to fill with your own goodies. Use one of the many designs available or be creative and design your own. Cost includes materials to make and decorate the piñata. Students will need to supply their own 'goodies' for the filling.

Cost: \$10.00
Venue: ASC
Limit: 20
Coordinator: D Wijewickrama



AFTERNOON ACTIVITIES

PROJECTS PLUS

Come and make some crafty projects for yourself such as:

- * Sharpie pen project (decorating shoes or t-shirt)
- * tie dyed t-shirt
- * upcycled denim jeans into a bag
- * make funky accessories

Some materials will need to be purchased beforehand such as 100% white cotton t-shirt, white canvas shoes, second-hand jeans.

Dyes and materials will be provided at school.



Cost: \$10.00

Venue: ASC

Limit: 16

Coordinator: S Davidson

RECREATIONAL READING

Escape with a good book for the afternoon. Travel the world without leaving your chair. Look at the world through a character's eyes. Come and read!!!

Cost: NIL

Venue: ASC

Limit: 20

Coordinator: T Williams



AFTERNOON ACTIVITIES

STAR WARS SAGA - Film Study

A long time ago in a galaxy far, far away...

Experience the Star Wars story across five exciting movies.

Discuss fan theories and trivia, which will change the way you see certain characters and events in the Star Wars universe.

Haven't seen Star Wars? Watch it now!

Cost: \$5.00

Venue: ASC

Limit: 30

Coordinator: V Puri



SUPERHEROES

"Holy buckets of superheroes Batman!!" This term five activity is all things superheroes, villains and powered individuals. We will be reading comic books (DC), watching some of the Marvel and DCEU movies, and creating superhero related art. This can include comic strips, figure drawing, character design, posters, colourings, stencils and prints. Bring along a shirt, tote bag or other fabric surface to create a super powered print of your own design.

Cost: \$5.00

Venue: ASC

Limit: 20

Coordinator: M Edwards



AFTERNOON ACTIVITIES

UNE WALL CLIMBING

Enjoy a fantastic activity involving mind and body, flexibility, balance and strength. Develop your skills, watch movies, and do cross-training.

Cost: \$80.00 (includes bus fare)

Venue: UNE Sports Union

Limit: 15

Coordinator: F Kelly



YOGA

Participate in yoga and meditation sessions and learn all about how to keep your body and mind fit and healthy! You will need to wear clothes that are stretchy, and bring a water bottle to stay hydrated.

*Yoga mats will be provided; however, you are welcome to bring your own.

Cost: Nil

Venue: ASC

Limit: 20

Coordinator: S Milne



ALL DAY ACTIVITIES

CAMPING AND BUSHWALKING/TREKKING (4 days)

Various treks are available to suit each Year group and will depend on weather conditions and water supply. Students must carry all equipment for overnight camping and must be fit. They must be competent swimmers, have access to camping equipment and attend mandatory weekly meetings at school to prepare for the trip. The bushwalks can be used for the Adventurous Journey component for the Duke of Edinburgh Award Scheme.



Requirements: Access to camping and bushwalking gear. The school has a range of equipment for loan. Must attend meetings and be a competent swimmer.

Cost: Approximately \$40.00 transport and camping fees

Venue: Remote wilderness areas around Armidale

Limit: 18 (Year 9, Year 10 & Year 11 students)

Coordinator: T Channon

COMMUNITY SERVICE

Students will assist in the routine tasks of nursing homes, pre-schools and infants' schools. **This activity is for Years 9 & 10 students only.**

Some places only take one student so you will need to be prepared to work alone.

Students intending to do this activity must see Mr Cain in the HSIE staffroom BEFORE they choose it.

Students must organise their own transport to venues and dress appropriately for the workplace.

Cost: Nil

Venue: Various

Limit: TBA

(Years 9 & 10 students only)

Coordinator: R Cain





**ARMIDALE
SECONDARY
COLLEGE**

Registration: Week 7 (25 – 29 November 2019)
Final Payment: Week 8 (2 – 6 December 2019)

Procedure for Registration Day

1. Students will be given the opportunity to select Term V activities they would like to participate in during Week 7.
2. Students will nominate a morning and afternoon activity, or one all day activity during CREW.
3. A **Waiting List** will be created if demand is high for a particular activity.
4. Payments will be accepted during Week 8 and will secure your place in that activity.

If you have problems paying by this date, please see your activity coordinator.

Payment can be either cash or online.

IMPORTANT NOTE:

- Once you have registered for an activity you **CANNOT** change your mind at a later date and choose another activity. Therefore, take time to consider your interests and the cost involved before you commit to an activity.