The Oak Leaf

Armidale High School

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Issue 4 – Term 1 – Week 8

Pride Respect Responsibility

Friday 18th March 2016

OUR AUSTRALIAN CHAMPIONS

Congratulations to both Natasha Favotto and Henry Sindel for their outstanding achievements recently at the Australian Athletics Championships. Natasha came 5th in 800m and 6th in 1500m (Under 20s women). Henry was placed 4th in U/16 2000m Steeplechase.



Congratulations also to the Open Girls Volleyball Team which has made it through to the Finals in Sydney and to the Open Girls Basketball Team which, although defeated, showed great team spirit and sportsmanship. Many students have been selected for NW representative teams and many students are heading off to regional vocal, dance, and band camps.

Today our school community is celebrating **Harmony Day**, the theme of which is "Our Diversity is our Strength". Parents are welcome to attend the assembly at 10.45am or to come to the multicultural feast at lunchtime. Other activities during lunch include guest speakers, drumming, music, competitions and the French short film festival! Well done and thank you to Mrs Deb Moore and her team for organising this event.



The first of two **Parent-Teacher Interview Evenings** was held yesterday in the Library from 3.45-6.45pm. If you missed this great opportunity to check on your child's progress, teachers are also available next Tuesday at the same times. If you are unable to attend you can contact the Year Advisor or ring individual teachers to book an appointment or arrange an interview by phone.

Armidale High

The core group of eleven Year 11 students who listed to speaker Dr Marty Branagan (UNE Peace Faculty) last week will be asking the school to build a Peace Wall as a Harmony Day activity today.



At the **P & C** Annual General Meeting this week, Mrs Jody Brash was elected as President. Members thanked outgoing President, Ms Fiona Xeros, for her hard work over the past two years. We also thanked Mr Geoff Thorne for his work as treasurer and Mrs Bec Lewis was elected as the new treasurer. Vice-President, Mrs Leigh McLennan and Secretary, Mr Roger Horton, were re-elected. The P&C would like to thank the school community, parents, staff and students, for their contributions to the Antique Fair. While a final figure is not yet available, it seems that over \$7000 was raised to help our school. A big thank you must go to Geoff Thorne for his time and organisation.

We wish Year 12 students good luck in their halfyearly examinations which commenced yesterday. Anne Matley - Principal



Sporting News

Continuing on from the last newsletter, we have had an unbelievable start to the year with sporting achievements.

Congratulations to the following students for the following North West Teams:

North West Boys Basketball: Dennis Cutmore and Pop Maluach

North West Girls Basketball: Tyneisha Hoskins-Caldwell and Nikita Hoskins-Caldwell

U/15 Boys North West Touch: Liam Whitehill

North West Swimming: Esther Eickhoff, Amy Kerr, Amelia Mazzei, Lachlan McLeod, Zachary Richards, Charlotte Russell, Caitlin Schuman, Jaiden Stevens, and Jesse Streeting

North West Girls Volleyball: Chloe Maunder, Kiara French, Maisie Drielsma and Nicola Watson

Well done to the following students for gaining

selection in the New England Zone teams Chloe Maunder - Netball Maisie Drielsma - Soccer Tyneisha Hoskins-Caldwell - Soccer Amber Burton - Soccer Alyssa Armstrong - Soccer Liam Georkas - Soccer Reece Burton - Soccer Jake Eather - Soccer Scott McIntyre - Rugby League Beau Hargrave - Rugby League Mitch Hargrave - Rugby League Elijah Rasiga - Rugby League Elijah Tighe - Rugby League James Williamson - Rugby League Phillip Quinlan - Rugby League James Ahoy U/15's - Rugby League Nathan Ahoy U/15's - Rugby League

Thirty students also helped time keep at the Primary North West carnival. Many parents attending the carnival commented on their behaviour, and exemplary mature and responsible leadership. Congratulations to the Girls Volleyball team who won the Regional Final against Glen Innes and will be travelling down to Sydney for the State Carnival in Term 3.



New SRC Reps for 2016

Congratulations to the following students who have been elected as members of the Student Representative Council (SRC) for 2016.

Year 8

Ely Sisson, Jayden Stevens, Ella Pringle and Claudia Marshall

Year 9 Henry Sindel, Toby Cooper, Amber Fuller and Caitlin Schuman

Year 10

Sam Moffitt, Lachie Jones, Teirnan Bryon and Charlotte Russell

Year 11

Dennis Cutmore, Ryan Davies, Sai Abbaraju, Rosie Curtis, Georgie Cooper, Katie Williams and Michelle Barnes

These students have already started their fundraising campaign, working hard and making over \$500 at our Twilight Swimming Carnival BBQ, and are involved in upcoming events such as Harmony Day and the Autumn Festival.

We would like to thank the outgoing members for all of their hard work throughout 2015, and look forward to another successful year.



One of Armidale High's Sporting Legends From the Archives... Acorn 1956 (and the Hall of Fame website)

Sixty years ago Armidale High School was following, with keen interest, one of its exstudents, John Monckton, who was training with the Olympics swimming squad.

John Monckton is one of Australia's great backstroke swimmers of the 1950s, winning silver in the 100m backstroke at the 1956 Melbourne Olympics. Although he set multiple world records, he never won an Olympic gold medal.

An apprentice carpenter from the New England region of New South Wales, Monckton appeared to be primed to win gold at the 1956 Olympics. At the national team camp in Townsville before the games, he became the first person to swim the 400m backstroke in under five minutes. He also set world records in the 110yds and 220yds freestyle events.

At the 1956 Games, the Australians (David Theile and Monckton) bettered the Olympic record in both their heats and semi-finals. In the final, Monckton won silver behind Theile.

Before the 1960 Rome Games, Monckton was seen as a gold medal prospect, even though Theile was the defending champion. Monckton held the world record of 61.5 seconds,

However, in the final, he misjudged the turn and broke a finger as he smashed into the wall. He limped home in seventh position, with Theile successfully defending his title. Monckton continued competing in the hope of reaching a third Olympics in 1964, but retired after his performances began to deteriorate.



Inspiration: "Never give in"

The support unit finished off their term one swimming program with a swimming carnival last Monday. At great time was had by all.



Mason Woodgate and Jayden Sisson sprinting for the finish line.

<u>Children and Young Adults' Literature</u> <u>Festival</u>

4 to 7 May 2016 http://www.newc.org.au/booked-in.html Returning for a 4th fabulous year.

The featured guests will be: Author/wildlife photographer - Jan Latta Author- Belinda Murrell, creator of the Lulu books for young readers and many acclaimed historical novels for older children.

Local authors and illustrators will also be featured at the festival and a special event celebrating the centenary of NSW's very own School Magazine.

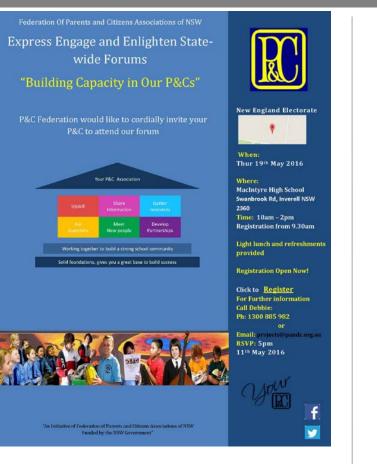
Also on this website:

New England Illustration Prize

An exciting brand new award for illustrators, centred around a poem *Frosty School Morning* by well- known children's author, Sophie Masson. This competition opened 26th February and closes on 1st June.

Have a look at the details for entering and the prizes on offer.





Where are they now?

Anthony Nolan finished Year 12 at AHS in 1998. He attended UNE, and is now working for UNICEF, based in South Sudan. He is a Child Protection Specialist, with a team of 14 staff, and a budget of over \$US18m, delivering child protection in emergencies programs: including national family tracing and reunification services, case management, mental health and psychosocial support for children affected by the conflict, and direct service delivery missions to conflict affected areas. Prior to this post, he has worked for UNICEF in PNG and Zimbabwe, developing programs in child justice, prevention of violence against women and children, and child protection in emergencies.

He has been featured in a short segment on Australian Story, broadcast last Sunday. His particular segment starts about 15 minutes in. The link is below, for those able to access iView. Unfortunately, he is described as Brisbane born, rather than Armidale born. But I guess they can't get everything right! http://iview.abc.net.au/programs/australia-

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Japanese Cooking

Last week we did Japanese cooking and cultural exchange with visiting students to UNE Language training centre from Chubu University – Japan. Year 9 had a wonderful time with them learning about Japan and also cooking Okonomiyaki and sushi :)







This week my Year 8 classes have made sushi :) they were EXCELLENT sushi makers and had great results :) **Mrs Moore**



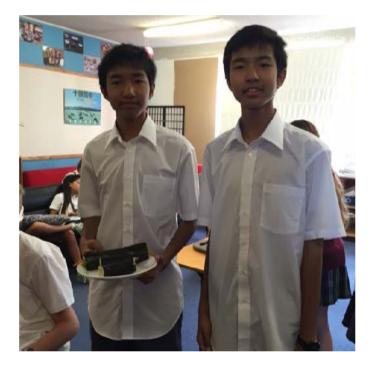


🕏 KILFUL YEAR 8 - SUSHI MAKING









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Year 8 and 9 Japanese classes linked up with two schools in Okinawa, Japan for the first time. They found it all very exciting.













